

**Springfield Satellite Schools
Week of April 3 – 7**

Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dog	Classic Beef Nachos	Mac & Cheese (Heated separately and mixed at the school)	Pepperoni Pizza OR Cheese Pizza	NO SCHOOL
Chicken Caesar Salad with Dinner Roll Turkey Ham & Cheese Sandwich Sunbutter & Jelly Sandwich Cheese Sandwich				
Baked Beans	Steamed Green Beans	Steamed Broccoli <i>Fried Onions</i>	Steamed Corn	
Carrot Sticks	Carrot Sticks	Zucchini Coins	Zucchini Coins	
<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Week of April 10 – 14

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Taco Tuesday Ground Beef, Local Corn Tortillas, Salsa, Lettuce, Cheese	Breakfast for Lunch Pancakes, Sausage	Loaded Potato Soup with Dinner Roll	Pepperoni Pizza OR Cheese Pizza
Chef Salad with Dinner Roll Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich Cheese Sandwich				
	Steamed Green Beans	Tater Tots	Steamed Broccoli	Butternut Squash
	Grape Tomatoes	Celery Sticks	Grape Tomatoes	Celery Sticks
<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

Springfield Satellite Schools
Week of April 17 – 21

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

Week of April 24 – 28

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza OR Cheese Pizza	Buffalo Chicken Nachos	Spaghetti & Meatballs	Loaded Tater Tots with Cheese Sauce and Dinner Roll	Chicken Patty Sandwich
Crispy Chicken Salad with Dinner Roll Turkey Ham & Cheese Sandwich Sunbutter & Jelly Sandwich Cheese Sandwich				
Baked Beans	Carrot Sticks	Steamed Green Beans	Steamed Broccoli	Broccoli Florets
Steamed Carrots	Zucchini Coins	Zucchini Coins	Carrot Sticks	Steamed Corn
<u>Available Daily:</u> Assorted Fresh Fruit Fat Free Chocolate, 1% White or Fat Free White Milk				

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**SPRINGFIELD PUBLIC SCHOOLS
PRE-K LUNCH
APRIL 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
4/3	4/4	4/5	4/6	4/7
Chef's Choice	Classic Beef Nachos	Mac & Cheese	Pepperoni Pizza or Cheese Pizza	NO SCHOOL
Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	
Baked Beans Carrot Sticks	Steamed Green Beans Carrot Sticks	Steamed Broccoli Zucchini Coins	Steamed Corn Zucchini Coins	
4/10	4/11	4/12	4/13	4/14
NO SCHOOL	Taco Tuesday: Ground Beef, Local Corn Tortilla, Salsa, Lettuce, Cheese	Breakfast for Lunch: Pancakes, Sausage	Loaded Potato Soup with Dinner Roll	Pepperoni Pizza or Cheese Pizza
	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich
	Steamed Green Beans Carrot Sticks	Tater Tots Celery Sticks	Steamed Broccoli Carrot Sticks	Butternut Squash Celery Sticks
4/17	4/18	4/19	4/20	4/21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
4/24	4/25	4/26	4/27	4/28
Pepperoni Pizza or Cheese Pizza	Buffalo Chicken Nachos	Spaghetti & Meatballs	Loaded Tater Tots with Cheese Sauce and Roll	Chicken Patty Sandwich
Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich	Turkey Ham & Cheese Sandwich
Baked Beans Steamed Carrots	Carrot Sticks Zucchini Coins	Steamed Green Beans Zucchini Coins	Steamed Broccoli Carrot Sticks	Steamed Corn Broccoli Florets
AVAILABLE DAILY: Cheese Sandwich Assorted Fresh Fruit 1% White or Fat Free White Milk				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

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Due to the risk of **choking**, certain foods are excluded from the Pre-K menu. These include:

- Hot Dogs, sausages, sausage links or similar processed food items (Sausage patties are not restricted)
 - Fish or meat with bones
- Grapes, cherries, melon balls, cherry and grape tomatoes, kiwi berries, raspberries, blackberries and goji berries
 - Peanuts, nuts, seeds (for example, sunflower or pumpkin seeds) and Peanut butter and nut/seed butters
 - Dried fruit such as raisins or cranberries (Dried fruits allowed when baked into items such as muffins)
 - Shelf stable, dried, and semi-dried meat, poultry, seafood snacks (such as beef jerky)
 - Popcorn

**SPRINGFIELD PUBLIC SCHOOLS
ELEMENTARY BIC
APRIL 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
4/3	4/4	4/5	4/6	4/7
Doughnut Muffin OR Assorted Cereal with Giant Goldfish Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal with Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Danimals Yogurt with Granola OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Ham & Cheese Croissant OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	NO SCHOOL
4/10	4/11	4/12	4/13	4/14
NO SCHOOL	Pancakes with Maple Syrup OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Local One Mighty Mill Cinnamon Raisin Bagel with Jelly OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Nutri-Grain Bar (Chef's Choice) OR Assorted Cereal with Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Southwest Turkey Ham & Egg Pocket OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
4/17	4/18	4/19	4/20	4/21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
4/24	4/25	4/26	4/27	4/28
Banana Chocolate Chip Muffin OR Assorted Cereal with Giant Goldfish Cracker Strawberry Cup 100% Juice 1% or Fat Free Milk	Croissant with Jelly or Buttery Spread OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Maple Muffin OR Assorted Cereal with Lemon Blueberry Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Cherry Pocket OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Egg & Cheese English Muffin OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	

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